

REQUIRED EQUIPMENT FOR ONE-NIGHT SUMMER BACKPACKING TRIP

Camping Gear

Frame backpack (properly fitted), interior frame is more compact, exterior frame is more versatile

Waterproof backpack cover

Large plastic bags to keep belongings dry

Sleeping bag – appropriate for the conditions. In summer, a light weight bag, or even a bag liner

Sleeping pad – self-inflating air mat or closed cell pad

Rope (strong cord, nylon, 20 feet)

Extra plastic bags for garbage

Tent and ground cloth – personal or troop-owned, or

Light weight tarp and ground cloth instead of a tent

Personal Equipment

Personal first aid kit (small) and personal medications

Soap, towel, tooth brush and paste

Flashlight (with extra batteries) – may prefer head lamp and also tent lamp

Fire-starting materials (waterproof matches, flint & steel, lighter, tinder, fire starters)

Pocket knife (e.g. Swiss Army-type)

Watch

Toilet paper (small roll in Ziploc plastic bag)

Compass

Insect repellent, sun screen, sun glasses

Food/water/eating utensils

Bowl (Large, light and unbreakable)

Soup Spoon (with a string tied through a hole in handle)

Drinking Cup (Large, light and unbreakable)

Two quarts water - in lightweight unbreakable containers

Food as directed, generally two lunches and a breakfast, plus trail food/snacks), nutritious, no junk food, no glass jars

Clothing

Jacket/sweatshirt – especially for cool evenings

Hat (appropriate for the conditions), preferably a baseball cap

Socks – light weight wool socks are good even in summer. Cotton is acceptable as long as cold weather is not a threat. Bring 2 pr. of socks per day)

Rain gear - hat, jacket, pants must fit over outer clothing. Ponchos are not preferred

Hiking Boots (waterproof, light weight for summer)

Gaiters, especially if bushwhacking.

Optional

Treking poles, ski poles or walking stick

Camera

Bivy sack (optional) – this will keep your sleeping bag clean and dry if sleeping out under the stars

Troop Gear

Plastic trowel or camp shovel

Pack saws (at least one per patrol)

Tents and ground cloths (fitted to tent)

Tarps and ropes – light weight

Pots and lids as appropriate

Chain & hook for cooking tripod

Community food as planned

Water purification system

Maps in Ziploc bags

Backpacking stoves and ample fuel

Collapsible water containers (ca. 3 gal)

Extra Toilet paper and garbage bags

Keep all of it watertight & light!!!! No extras